

# Week 32      Kindness

‘Kindness costs nothing but means everything’ Kindness is the quality of being friendly, generous, and considerate. Kindness should be unconditional acts of goodness to the people in our world. We are reminded that being kind often requires courage and strength.

## **Bible verse**

### **The story of Zacchaeus**

“Zacchaeus stood before the Lord and said, “I will give half my wealth to the poor, Lord, and if I have cheated people on their taxes, I will give them back four times as much!” **(Luke 19.8)**

In today’s Bible story, Jesus shows kindness to person when others would not – Luke 19.1-10. As a result, this person goes on to show remarkable kindness to those around them. You can watch the story here:

**You can watch the story, of Zacchaeus 6min.**

<https://www.youtube.com/watch?v=iBvc2wimT6M>

**KEY QUOTE OF THE WEEK:** ‘Kindness is doing what you can, where you are, with what you have.’ Is there anything you could do to put these thoughts into practice in your own life? Where could you show kindness where you are and what you have.

**Play this clip, then chat about how you can do an act of kindness each day.**

WATCH: ‘The Science of Kindness’ <https://www.youtube.com/watch?v=O9UBByLyOjBM>

PRAY:

Dear God, When I am not sure I am good enough, let me be kind.

When I feel cannot change the world, let me inspire just one other to do so.

When I cannot give away riches, let me be loving.

Let me be known for kindness, for it is the greatest glory.

Amen.