

Bury CE High School – PSHCE Whole School Overview 2020-21

<u>Term</u>	<u>Year 7</u>	<u>Year 8</u>	<u>Year 9</u>	<u>Year 10</u>	<u>Year 11</u>
<u>Unit 1</u>	<p><u>Induction</u></p> <ul style="list-style-type: none"> • Induction • Coping with change • Friendships and bullying • Personal hygiene 	<p><u>Impression</u></p> <ul style="list-style-type: none"> • Welcome back and new normal • Identity • Self confidence • Online identity • Making a good first impression 	<p><u>Personal Development</u></p> <ul style="list-style-type: none"> • Welcome back/ the new normal • Conflict management • critical thinking • Stress • Social anxiety • Goals and targets 	<p><u>Careers</u></p> <ul style="list-style-type: none"> • New normal/ challenges media and the impact on society • Dangers of media • Internet and crime • Cyberbullying • Sexualisation and the media • Internet and conspiracy theories 	<p><u>Employment</u></p> <ul style="list-style-type: none"> • Success and failure • Next steps • Applications and cover letters • Workplace behaviour • Digital footprint
<u>Unit 2</u>	<p><u>Healthy Mind</u></p> <ul style="list-style-type: none"> • Understanding mental health (PSHE) • Healthy and unhealthy coping strategies (PHSE lesson4&5) • run hide tell 	<p><u>Bullying</u></p> <ul style="list-style-type: none"> • Define bullying, cyber bullying, sexual bullying • Dealing with bullying • Anger management • Depression 	<p><u>Self-Image</u></p> <ul style="list-style-type: none"> • Causes of low self esteem • The ideal body • Eating disorders • Gender, sex and sexuality • The media, social media and self esteem • Pornography and its impact 	<p><u>British Politics</u></p> <ul style="list-style-type: none"> • British political system • the political relationship between Britain and the world • Should young people have the right to vote at 16? • The criminal justice system • The impact of crime 	<p><u>Money Matters</u></p> <ul style="list-style-type: none"> • Bank accounts and overdrafts • Bank statements • Next steps • Tax and interest • Debt and payday loans
<u>Unit 3</u>	<p><u>Human Rights and the Economy</u></p> <ul style="list-style-type: none"> • Understanding the economy, democracy and legal system 	<p><u>Family</u></p> <ul style="list-style-type: none"> • Modern families • Dealing with divorce • Living in care • Relationships 	<p><u>Violence and Abuse</u></p> <ul style="list-style-type: none"> • Physical abuse • Domestic abuse • Forced marriage • Human trafficking 	<p><u>Securing a Career</u></p> <ul style="list-style-type: none"> • Zero-hour contracts • future pathways • Discrimination at work • Youth unemployment • CV writing skills 	<p><u>Consent and STI's</u></p> <ul style="list-style-type: none"> • Consent • Contraception • What is an STI • HIV and Aids • Teen pregnancy

	<ul style="list-style-type: none"> • Human rights around the world • Disability rights • impact of terrorism 	<ul style="list-style-type: none"> • Bereavement 		<ul style="list-style-type: none"> • Interview techniques and rehearsals 	<ul style="list-style-type: none"> • Condom demonstration lesson/choices
<u>Unit 4</u>	<u>Changes</u> <ul style="list-style-type: none"> • Sex and gender • Transgender • Sexualisation 	<u>Careers and Aspiration</u> <ul style="list-style-type: none"> • Personal strengths and areas for development • Aspirations • What different subjects mean (xello future careers/ futures) 	<u>Relationships</u> <ul style="list-style-type: none"> • Family relationships • Breakdowns in family's relationships • Homosexual and heterosexual • Age difference in relationships • Loss of relationships 	<u>Human Rights</u> <ul style="list-style-type: none"> • The right to money • Free speech • Asylum • Healthcare • Right to belief • Education 	<u>Pregnancy and Parenting</u> <ul style="list-style-type: none"> • Choices surrounding pregnancy • Parenting • Effects of pregnancy • Looking after a baby • Relationships
<u>Unit 5</u>	<u>Lifestyle</u> <ul style="list-style-type: none"> • Smoking and alcohol • Healthy active lifestyle mindfulness 	<u>British Values</u> <ul style="list-style-type: none"> • British values • Importance of the vote • Voting in the UK • Democracy • Rule of law • Social campaigns 	<u>Sexual Relationships</u> <ul style="list-style-type: none"> • Sexual relationships • STI's and health • Contraception • Personal health • Child sexual exploitation • Pregnancy 	<u>Extremism and Exploitation</u> <ul style="list-style-type: none"> • Defining extremism and terrorism • Exploitation and grooming • The media and propaganda • Prejudice • Causes • Social change • Modern slavery 	<u>Preparation and your Wellbeing</u> <ul style="list-style-type: none"> • Mind training • Developing work life balance • Mindfulness • Coping with stress • Gambling
<u>Unit 6</u>	<u>Protecting yourself and others</u> <ul style="list-style-type: none"> • Conflict resolution • FGM • First aid • Mental health (PSHE lesson2) 	<u>Safety and Protection</u> <ul style="list-style-type: none"> • Gangs • Suicide • Risky behaviour 	<u>Addiction</u> <ul style="list-style-type: none"> • Welcome back/ new normal • Defining addiction • Drugs and UK legislation 	<u>You and Your Wellbeing</u> <ul style="list-style-type: none"> • My mind • My health • My Life • My Perfect World • First aid 	

			<ul style="list-style-type: none"> • Danger of prescription drugs • Impact on communities • Gambling 		
Total no. lessons	20	20	20	20	17
Deeper Learning Day	Enterprise Day	Careers Talk/ Careers Day	Careers Speed Dating	World of Work	